

Zones 26 & 27 Big West



## **Leaders Innovating and Growing Rotary**

#### Dear Wine Appreciation Fellowship registrant;

First off, I thank you for your interest in attending the Wine Appreciation Fellowship session at this year's Big West Institute. Big West, consisting of Rotary Zones 26 and 27, encompasses 13 states and portions of the province of British Columbia in Canada. Few of us know that <u>all</u> these political areas possess wineries. One of the purposes of this Fellowship session being offered at the Big West Institute is to alert our Rotarians of these wineries and what they offer in the way of wines. Hopefully this session will identify wineries in our Zones that many never knew existed. Thus when we visit your District/state/province, we will have an idea of where to sample local wines.

I have learned that you as am I, a member of the Rotary Wine Appreciation fellowship. Knowing this fact, you appreciate wine and undoubtedly have some knowledge of what may be available locally in your state. If I were to visit your state to taste local wines, what wineries could you share with me? I'm not saying that you have to be a staunch fan of the winery but that the winery does offer wines created locally. Preferably the wine is made from grapes grown in your state/province. I invite you to share your knowledge of local wineries with those of us attending this fellowship session. I ask that you serve as the spokesperson acknowledging one to three wineries in your state/province. Sorry but we only have an hour for this session so no more than three wineries per spokesperson. Here is the information on each winery that we would like you to share during the session;

- 1. Name and location. If in a special wine producing region, please note also.
- 2. Wine varietals available to the public
- 3. What wine is the most popular
- 4. Any unique facts about the winery
- 5. Lastly, if you have visited the winery, what do you recommend?

Some or all of the above can be shared for each winery. Based on our time allocation of 60 minutes and the number of spokespersons involved, each person will only have **2** minutes to share their information during the session. I will generate up to two PPT slides for each spokesperson; first with their name and District, and a second with the name(s) and location(s) of the chosen wineries. If you have some pictures you have taken at the winery, please share them with me. If not, I will visit the winery websites and pull photos to insert on the slides. I will share the two slides with each spokesperson prior to the Institute so all can see the format.

I hope you are able to assist in serving as a spokesperson for your District/state/province in this popular fellowship session. If you are unable, please email me and I will approach another party for help. But if you can participate then I ask that you email me the information associated with items 1 and 2 listed above by September 30th. You will be able to verbally provide responses to items 3 thru 5, in your <u>2</u> minute sharing. If you can't provide input on those last three items, don't fret. We can proceed without it. If you have any questions, please call me at 916 718 8185. I look forward to your assistance in making this a great virtual wine experience.

## Grapefully Yours;

PDG Brian Moore "Chief Grape"







#### Public Health

This Rotary Fellowship is for all of us interested in Public Health, to come together to grow in friendship, help persons in need, learn from each other and have FUN! We have a special interest in doing projects with Rotaractors, to benefit all youth and their families.

Putting People at the Center of Care briefly summarizes our focus on Person and People Centered Care. We are currently doing an online project to help promote and protect the Rights of Children. You are all invited to participate!

Imelda Mercedes Medina, MD MPH (Health Promotion and Disease Prevention). Founder and Director of the Rotarian Public Health Fellowship. Email: imeldamedina1977@gmail.com Tel. 786-728\*0428





**Flying Rotarians** 

"The Fun of Flying. Everything you ever wanted to know about the mysteries of flight - from hot-air balloons to supersonic jets."





### Yachting Fellowship

The International Yachting Fellowship is open to all Rotarians who are involved in boating or would like to learn more about boating opportunities. There are eight fleets (chapters) on the West Coast of the USA and Canada, and Hawaii. We are involved in boating related community service projects for the physically disabled and the blind, and youth boating opportunities. In addition, we are partnering with Rotary groups to get plastic our of our waterways and oceans. We also work with Rotaract Clubs to provide boating resources and project partners. If you like boats, or want to find out more about boating, and Rotary, please join us.





Rotary Fellowship of Photographers

### Capturing the Moment to Tell the Story

This session will focus specifically on shooting events and projects that "tell a story". Rather than all posed photos, we will look at capturing the action, the different personalities of the participants, the atmosphere, emotions and excitement of the moment. I will share examples of images from my international service project assignments that tell a story. As the Zone photographer for the past ten years, I will also share images that have captured the moment at events. Please plan on attending and don't be surprised if there's a photo of you!





### **Rotarian Fellowship of Quilters and Fiber Artists**

Come and see how to share your talents and interest in the Fiber Arts to do good in the world and have fun!

This session will cover a little of our history, our mission, and general membership information, but the focus will be to share with you how we have been able to use our crafts to raise an average of \$9,000 a year for Polio Eradication, raise money for club and district fundraisers, and provide quilts, blankets, warm clothing, and now PPE to places in need all over the world. The pandemic has created the enhancement of using Zoom to engage members in monthly board meetings and quarterly general meetings. We have over 300 members in 12 countries and continue to grow.

### Diana Barden, Secretary





### Wellness and Fitness

T'ai Chi Chih...The perfect pandemic prevention and wellness practice!

The heart of every Rotarian is to be engaged in community projects but we have to be healthy and well to be effective in our endeavors.

What strategies have you used to maintain your health, wellness, and peace of mind during the pandemic? Let me introduce you to T'ai Chi Chih, a moving meditation for mind, body, and spirit! In this presentation, you will learn the origins of this ancient modern practice, the 5 Way Posture Test, 4 basic movements, and how to flow everything you learned into a relaxing, energizing, and holistic practice. Your time will be well spent as these moments of prevention and ease are worth days of illness and disease.

To close, we will talk about one of my community projects called the Rotary Club of Truth or Consequences Don't Meth With Us Program and how my T'ai Chi Chih practice has helped me stay fully engaged and doing what I love.

Mario diGesu T'ai Chi Chi Teacher Physical Therapist



Zones 26 & 27



# Leaders Innovating and Growing Rotary

### **RV Fellowship "Caravanning"**

The presentation will focus on our RV Fellowship so we should talk about the term "Caravanning" in the presentation to eliminate any confusion up front about Caravanning / RVing, which are basically one and the same thing depending on the country or term used. Also, we need to take several minutes in the beginning to talk about RVing in general - (ie. Industry Trends, Types of RV's - Towable/Motorized, RV Clubs & Campgrounds, Public Campgrounds, etc.) as a general introduction, then get deep into the details of our RV Fellowship (ie. Who are we? - Our history and scope, Zone Rallies, Rolling Rallies, Annual Rallies, International Rallies, Full Time RVing, etc. with a focus on fun and fellowship, while enjoying the outdoors, food and site-seeing in the areas we camp. In addition we want to give the Aussies some time to promote their Fellowship. If any time remains I may want to include a few minutes to talk about Habitat for Humanity's RV Care-A-Vanners since Rotary International and Habitat International are global partners.

(https://www.habitat.org/volunteer/travel-and-build/rv-care-a-vanners)

"The purpose of the Recreational Vehicle Fellowship International shall be to pursue fellowship and promote Rotary in the various countries in which a Chapter of this fellowship exists in North America and Australia to have an Annual Rally/Muster yearly and in conjunction with the Rotary International Convention whenever possible" rvfrinternational.com

#### **Basic Outline**

Industry Trends - The RV Industry Association (RVIA) is reporting that sales of RVs have increased 170 percent since this time last year. Coast to coast, the media is reporting that dealers are doing a booming business. RVs are more popular, it seems, than ever before. RVs are the only way to travel now and be safe, or at least as safe as one can be while traveling. Who wants to get on a cruise ship or even stay in a hotel room where a stranger slept the night before? With an RV you bring along your own kitchen, bathroom and bedroom. Any germs are your own. https://www.rvtravel.com/sales950b/

### Types of RV's

- Towable Trailers Conventional Travel Trailers, Fifth Wheels, Expandable, Sport Utility RV's, Folding Camping Trailers, Truck Campers
- Motorized RV's Type A, B & C (Gas & Diesel)
- Specialty RV's Horse Trailers, Ice Fish Houses, RV's for the Disabled, Park Model RV's
- Cost, Insurance,

RV

Clubs

 General Interest RV Clubs – FMCA, Escapes, RVillage, North American Family Campers Association, Family Campers & RVer's

- Campground Membership RV Clubs Thousand Trails, Coast to Coast, Travel Resorts of America, Resort Parks International, Resorts of Distinction, Adventure Outdoor Resorts, Colorado River Adventures
- Discount Camping RV Clubs Good Sam Club, Passport America, Happy Camper 50% Off Club, KOA, North American Camping Club, Boondockers Welcome, Harvest Hosts
- Brand Specific RV Clubs Winnebago International Travelers, Tiffany Allegro Club
- Specialty RV Clubs Fulltime Families, Loners on Wheels, Handicapped Travel Club, National African American RVer's Association, Rainbow RV Club, RVing Women
- Special Interest RV Clubs Habitat for Humanity RV Care-A-Vanners, Campers for Christ Ministries, National Square Dancing Campers Association, Special Military Active Retired Travel Club, Gold Ring Road Riders Association, The RV Radio Network, Tin Can Tourists

#### Public Campgrounds

- Community Parks Many communities throughout the country have parks which you can camp in.
- State Parks Every state has parks to camp in for both tents and RV's
- National Parks There are hundreds of national parks, monuments, recreation areas, beaches, etc. for all types of camping venues. Get your America the Beautiful pass. <u>https://www.nps.gov/planyourvisit/passes.htm</u>
- Bureau of Land Management There are over 1,000 campgrounds in 11 states that RV'ers can use. https://www.blm.gov/programs/recreation/camping
- Army Corp of Engineers Valuable for RV'ers who are boaters and fisherman because all sites are located on or near lakes or streams and they honor the America the Beautiful Pass, <u>https://www.usace.army.mil/Missions/Civil-Works/Recreation/</u>

RVF History & Scope – Debbie Conover Rallies (Zone & Annual) – Zone Directors Rolling Rallies – Sue Rasmussen International Rallies – Debbie Conover RV Full Timing – Sandi/Jim Anderson Australian RVF Overview / Presentation – Aussie's Rotary International/Habitat for Humanity International Partnership - Carey - Habitat RV Care-A-Vanners



#### **Sample of Rotary Beer Fests**

Rotary Club	Name of Beer Fest
Woodland	Yolo Microbrew
Luna Vista	Festival
Woodland CA USA	September
Chorly Astley	Oktobeirfest
United Kingdom	October
Madison West Towne Middleton,WI USA	The Great Rotary Oktoberfest
<b>Key Largo</b>	Brew on the
Key Largo FL	Bay
USA	January
Bowmanville Ontario, Canada	Rockin Rotary Ribs & Brew June

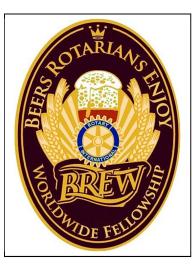




GOOD MUSIC. GOOD BEER. GREAT CAUSE.

The Beers Rotarians Enjoy Worldwide (B.R.E.W) Fellowship operates in accordance with Rotary International policy, but is not an agency of, or controlled by, Rotary International.

http://www.rotarybrew.org/ 925-938-4864



Consumption of alcoholic beverages impairs one's ability to drive a car and may cause health problems. Drinking alcohol during pregnancy may cause birth defects. The **BREW** Fellowship reminds you to *please drink responsibly.* 



Beers Rotarians Enjoy Worldwide (BREW) Fellowship

## We Speak Beer



### Fellowship BREW

http://www.rotarybrew.org

Beers Rotarians Enjoy Worldwide (BREW) Fellowship is one of the newest officially recognized Rotary fellowships. The fellowship was created for Rotarians around the worlds who love to drink and make beer.



**BREW founders Moses, Steve, Patrick and Martin BREW** was started in 2013 by Past District 5160 Governor Steve Lack, a member of the Rotary Club of Pleasant Hill, California USA; Assistant District 9102 Governor Moses Aryee, Past President of the Rotary Club of Accra West, Ghana and Past District 5440 Governor Martin Limbird of the Rotary Club of Fort Collins Colorado, USA.



Past Rotary President International Frank Devlyn visits the **BREW** Booth in the House of Friendship at the San Paulo Convention

#### **BREW GOALS**

The goal of BREW is to create the largest fellowship in Rotary. An international community of Rotarians who share a love of beer. We also strive to support efforts and projects to bring clean water to those in thirst since water is the primary ingredient in beer. We donate **25%** of our membership revenue to the Water and Sanitation Rotary Action Group (WASRAG)



- Publish <u>WHAT'S BREWING</u>, our Fellowship newsletter quarterly. This newsletter provides information on a variety of beers around the world. It offers recipes and tips for Home Brewers, keeps members informed of Rotary Club Beer Fests around the globe and activities at the Rotary International Convention.
- + Participate in the RI Convention
  - Host and staff a BREW booth in the House of Friendship.
  - Host a tour of a brewery in the city of the RI Convention
  - Hold an annual business meeting of the membership
  - Encourage and support the formation of local BREW Chapters.

#### **BREW MEMBERSHIP**



We have two classes of membership. There is the **annual membership** which is \$20 per year and a **lifetime membership** for \$100 (one-time payment).



Lifetime and Annual Membership Pin

NAME:	
CLUB:	
DISTRICT:	
E-MAIL:	

Mail with check for \$ 20 or \$100 to Steve Lack 25-A Crescent Drive, Suite 200 Pleasant Hill, CA 94523